









QHEPS READINESS CHECKLIST






Personal / Independence Skills Can your Child....??



-  Go to the toilet independently
-  Wash and dry hands independently
-  Dress themselves e.g put on / remove jacket
-  Use a tissue effectively to blow nose
-  Manage lunchbox e.g unwrap lunch, snacks and peel fruit
-  Recognise his/her name in print
-  Take care of own belongings e.g put bag in a designated place
-  Unpack / pack own school bag independently

Social / Communication Skills Can your Child....??








-  Sit and listen to a story for a few minutes
-  Play cooperatively with other children - share and take turns
-  Wait patiently for several minutes for adult attention

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Social / Communication Skills Can your Child....??



-  Comply with requests, stop activity when requested
-  Speak without shouting or whispering
-  Join in and sustain conversations with adults and other children
-  Recite rhymes and sing songs
-  Follow a single instruction
-  Respond to spoken questions
-  Communicate needs and express feelings

Gross & Fine Motor Skills – It is helpful if your child can:



-  Use scissors to cut along a straight line or cut simple shapes
-  Hold a pencil in an appropriate grip
-  Draw recognisable pictures of people
-  Manage stairs, obstacles and uneven ground independently

Please note that this checklist is a guide and may help you to determine areas in which your child might need additional practice before school begins. Children are not expected to be masters of everything on the list